

► Further Medical Care

- It is important that you register with a Family Doctor as soon as you settle into your new area, so that you are included in the New Zealand health care system.
- The Clinic Doctor will give you your personal medical records – you should take these to a family doctor that you choose.
- Please take care of your medical records – it is an important document that contains your personal medical details.
- The Clinic Doctor may refer you to hospital for further treatment. We will give the hospital your new address and they will send you the time and date of your Hospital Clinic appointment.
- It is your responsibility to attend any appointment.
- Please remember that there will be a long waiting list (unless the problem is urgent) and you may have to wait several months to be seen – the hospital will tell you this.

Auckland Regional Public Health Service
Rātonga Hauora ā Iwi o Tamaki Makaurau



Working with the people of Auckland, Counties Manukau and Waitemata

Welcome to Refugee Status Seekers

Public Health Screening Clinic

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*Welcome to the
Refugee Status Seekers
Public Health Screening Clinic*

The clinic is staffed by doctors and nursing staff who will carry out *health screening and refer you as required to other appropriate health services.*

- ▶ The Clinic is **by appointment only**. Appointments are on Tuesday and Friday mornings.

To arrange or change your appointment, please telephone 276-6719 and ask to speak to the refugee health clerk.

▶ Health Tests

Several tests are taken to check your health. If there are any problems you will be treated at the Clinic or at a Hospital. Some treatment may continue after you have left the Clinic.

If you:

- ▶ have any health concerns,
 - ▶ take any medicine,
 - ▶ suffer from any illness or disease,
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- ▶ have any, medical records or X-rays with you,
 - ▶ are a woman who thinks she is or may be pregnant,
- please tell the doctor when you arrive at the clinic.*

▶ The Health Check *consists of several tests*

Physical examination

▶ Blood Test:

A small amount of blood is taken to check for infections and other disease. Blood is taken only once.

▶ Urine Test:

Urine is tested for infections, parasites and other diseases. The test is only done once.

▶ Faeces (Stool) Test:

Faeces are tested for worms and infection. One sample each day for three days. Sometimes a fourth sample is necessary. The Clinic Doctor will provide details of how to collect the urine and faeces in the specimen container.

▶ TB Test:

A small injection is given under the skin in your right forearm – this will show if you have been exposed to / or have TB. You will need to get this done three days before your clinic appointment, at a Diagnostic Medlab centre. When you come to the clinic, the doctor will read the results of your skin test. This test is safe for women, babies and children and in pregnancy.

▶ Chest X-ray:

(To check for TB) is taken at the Clinic. This is for everyone 12 years and over – except for any woman who is pregnant.

▶ Examinations

It is important for your health that you come for the medical screening and complete the blood, urine and faeces tests.

▶ Medical Information

All medical information is confidential between you and the Clinic Doctor. Referrals are only made with your agreement.